

Sisters Leap Tea

Holiday Blends 2010



Chocolate Orange rooibos - we've taken a much-loved traditional holiday taste and turned it into a delightful rooibos tisane. Our custom blend is enjoyed by adults and kids alike, and this healthy treat is wonderful as an afternoon pick-me-up.

Cranberry Pomegranate rooibos - an instant classic and highly requested blend from Sisters Leap. Light, slightly tart and full of flavour, this is an excellent tisane for mornings to help face the day.

Pumpkin Pie rooibos chai - our runaway best selling custom blend from last year is back! Our excellent creamy, sweet and spicy blend is delicious on it's own or prepared traditionally with warm milk and sugar. Quantities may be limited, so if this is your favourite blend shop early to avoid disappointment.

Pumpkin Cream rooibos - reminiscent of pumpkin pie topped with whipping cream. So yummy and comforting.

Winter Berry - Our fragrant and delicious mulled cider -type infusion is lightly spiced with a deep berry flavour. Sister Leap Tea 'Winter Berry' tisane wonderful for sharing at your holiday gathering.

Egg Nog black tea - our custom blend of rum, vanilla and spice aromas made this true-to-taste tea a top seller last holiday season. Best served with a splash of milk and teaspoon of sugar.

NEW! *Christmas Eve green tea* - A lovely and aromatic green tea, resplendent with golden apple and spice flavours.

NEW! *Christmas Morning black tea* - this custom blend is revamped and better than ever. Aromas of cinnamon and clove blend easily with premium orange & cranberry flavoured black teas. Made especially for enjoying while lights twinkle and children play around the tree.

NEW! *Maple Vanilla black tea* - Exactly how it sounds! A new custom blend from Sisters Leap that combines the best of autumn flavours. Introduced this season, it will become a year-round tea menu item.

NEW! *New Year's Eve rooibos* - a delicate custom blend of ripe strawberry and premium chocolate. Celebrate the night with a truly decadent tisane! Complement this blend with a splash of milk or your favourite chocolate liqueur.



Sisters Leap Tea Menu

Naturally Flavoured Green Tea

Atlantico Lime
Blueberry Green
Blueberry Mint
Blue Mango
Bohemian Raspberry
Ginger
Green Apple
Lemon
Moroccan Mint
Niagara Peach
Spearmint Green

\$6.50/50g or \$10.50/100g

Organic Long Island Strawberry
Organic Kyoto Cherry Rose

\$7.50/50g or \$11.50/100g

Classic Green & White Tea

Japanese Sencha
Flowered Jasmine

\$6.50/50g or \$10.50/100g

Moon Swirl White Tip

\$7.50/50g or \$11.50/100g

Kenya Zebra Sencha
Kenya Nandi Safari White
Tangiers Lemon White

\$9.50/50g or \$16.50/100g

Blooming Tea

Volcano Flower Burst
Menthe Soleil
Silver Balls

3/\$5 (mix and match)

Chai

Chocolate - Indian Spiced - Kama Sutra
Spicy Cochin Masala - Vanilla

\$6.50/50g or \$10.50/100g

Masai Chai rooibos - Vanilla Bliss chai rooibos
Lemongrass herbal chai - Roasted Mate chai

\$7.50/50g or \$11.50/100g

Rooibos

Belgian Chocolate - Blueberry Delicious
Butter Pecan - Chocolate Mint
Cinnamon Spice - Creamy Caramel
Dutch Licorice - French Raspberry
Hawaiian Colada - Florida Orange
Lavender Provence - Lemon - Mocha Rocha
Masai Chai - Orange Creamsicle
Organic Plain - Organic Honeybush
Princess Georgia Peach
Summer Strawberry - Thai Lemon Ginger
Vanilla Bliss chai - Vanilla Eden
White Swiss Truffle

\$7.50/50g or \$11.50/100g

Traditional Drinking Herbs

Peppermint - Spearmint - Red Raspberry Leaf
Lemongrass - Rosehips

\$6.50/50g or \$10.50/100g

Chamomile - Chamomile Mint
Chamomile Ginger - Lemongrass Chai

\$7.50/50g or \$11.50/100g

Land of Nod tisane blend
Organic Peppermint - Dried Ginger

\$9.50/50g or \$16.50/100g

Classic Black Tea

Organic Lapsang Souchong
Gentleman's Blend
Organic English Breakfast
\$8.50/50g or \$12.50/100g

Estate Tea from India

Borengajuli (Assam)
\$7.50/50g or \$16.50/100g

Margaret's Hope (Darjeeling)
\$7.50/50g or \$11.50/100g

Estate Tea from Kenya

Milima
Black Dryer Mouth

Oolong from Sri Lanka

Orange Blossom Oolong

Classic Blends

Irish Breakfast - Baroness Grey
Cream Earl Grey
Windsor Castle
Russian Grey
Royal Bengal Tiger

\$6.50/50g or \$10.50/100g

Mystical Tea Blends

Black & green tea blends

Mystical Blueberry
Mystical Cherry
Mystical Lime
Mystical Strawberry

\$6.50/50g or \$10.50/100g

Naturally Flavoured Black Tea

Amsterdam Licorice - Apple
Blueberry - Cinnamon - Caramel
Caramel Apple - Cherry Vanilla
Coconut - Key Lime - Lemon
Lemon Vanilla - Maple Vanilla
Maple Rum - Peach Apricot
Pineapple - Pomegranate
Vanilla Rum - Strawberry
Vanilla Cream -
White Chocolate Mousse

\$6.50/50g or \$10.50/100g

Fruit Tisane

Angel Falls Mist
Blueberry Skies
Central Park Spice
Cranberry Apple
Creamy Orange Vanilla
Paradiso Peach
Pineapple Coconut
Strawberry Kiwi
Tropical Fruit
Winter Apple Spice

\$7.50/50g or \$11.50/100g

Did you know....

50g of premium
Sisters Leap loose
leaves will make
approximately 20
cups of delicious
tea?



tea menu valid until
March 15/2011

Shop online with us! It's FAST & SECURE www.sistersleap.ca \$5 SHIPPING

Sisters Leap Tea

About Us

Our Business

Sisters Leap Tea is owned and operated by Theresa Banks-Edin and Jacquelynne Mann, sisters-in-law who live in Western Canada. Enjoying the relaxing benefits of tea and tisanes together while our lively kids played led us to starting on our business.

Theresa enjoys directing the online operations for www.sistersleap.ca, marketing & advertising and packaging divisions from Okotoks, AB.

Jacquelynne heads our purchasing and financial divisions from Regina, SK. Both partners share in the creative side of crafting custom blends for our customers to enjoy

Our Tea

Sisters Leap Tea is very proud to source our products from within the Ethical Tea Partnership (ETP) using Canadian importers where possible. The role of the ETP is to monitor and regulate living, working and health conditions of workers on tea plantations around the world. This ensures sustainable business practices, living standards for workers and land stewardship commitments.

Why Drink Loose Leaf Tea?

Drinking loose leaf tea is a pleasurable event. It is delicious, healthy and promotes moments of relaxation in a hectic day. Loose leaf tea is a premium grade of tea or tisane, often with much higher levels of polyphenols and antioxidants not usually found in bagged tea. To drink loose leaf tea you must either strain as you pour or use an infuser, either method is easy and acceptable!

Shop With Us

Online

www.sistersleap.ca

Enjoy shopping with Sisters Leap Tea online with our very fast, secured-by-Thawte website. Order turnaround is typically less than four days! Shipping is quick and traceable using Expedited Parcel with Canada Post. We charge a reduced, flat rate fee of \$5 for shipping within Canada.

Samples

Every order includes a free sample of tea or tisane, enough to make one large mug. If you are unsure about which tea to order, we are happy to provide up to 2 free samples upon request, prior to ordering.

Packaging

All of our tea packaging includes steeping suggestions and ingredient labels. Our opaque stand-up pouches feature ziploc-style closures to keep your tea &/or tisane fresh for up to 18 months when stored away from direct sunlight.

Contact Us:

General Inquiries:
Customerservice@sistersleap.ca

Owners
Theresa@sistersleap.ca
Jackie@sistersleap.ca

E-mail is always best, but we can also be reached by phone at 403.463.3947. Please leave a message and we will try to return it the same business day.

